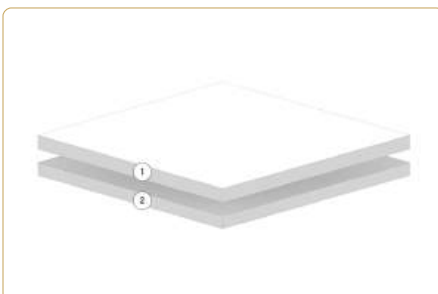


FlexTurf Monster

Ecore · Turf



ADDITIONAL VIEWS



OVERVIEW

FlexTurf Monster consists of a polyethylene turf surface field united to either a 10mm or 15mm vulcanized composition rubber ShockPad. FlexTurf Monster can be customized with lines and logos. Creates the ultimate safe and ergonomic training surface for both indoor or outdoor use.

PRODUCT LINK

<https://ecoreathletic.com/products/turf/flexturf/flexturf-monster>

Specification	Detail
Dimensions (L x W x H)	FlexTurf Roll: 15' (4.57m) x Custom Length; Monster ShockPad Roll: 48" (1.22m) x 25 LF (7.62m) or 48" (1.22m) x 15 LF (4.57m)
Product Weight	—
Weight Capacity	—
Frame / Material	Polyethylene turf surface, vulcanized composition rubber ShockPad
Finish / Color Options	Green, Gray, White, Black, Royal Blue, Red, Yellow
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Surface Layer Thickness	15mm (.59")
ShockPad Layer Thickness	10mm (.39") or 15mm (.59")
Total Product Thickness	25 or 30mm
Force Reduction	55%
Energy Restitution	35.3%
Safety Rating	9 out of 10
Ergonomics Rating	10 out of 10
Acoustics Rating	10 out of 10

KEY FEATURES

- Made with reclaimed rubber materials
- Durable
- Lower In-Room Impact Sound
- Reduces Structure Borne Noise
- Inlaid Logos/Designs Available
- Returns Energy to User
- Significantly Reduces Impact Force
- Can withstand light weight impacts
- Suitable for outdoor use
- Infill Free Performance Qualities

ADDITIONAL INFORMATION

Supporting Product Information

FlexTurf Monster

- EA_ProductSalesSheet_FlexTurfMonster 31Jul2025.pdf

FlexTurf Monster

Indoor / Outdoor Training & Recreational Field Turf

FlexTurf Monster features a polyethylene turf surface layer that is field united to a 10 or 15mm vulcanized composition rubber (VCR) ShockPad. Customize your turf surface layer with lines, logos, and 7 different colors. FlexTurf Monster creates the ultimate, safe and ergonomic training surfaces for indoor or outdoor use.



Product Attributes

- **15mm Pile Height Polyethylene FlexTurf Surface Layer**
Provides excellent durability, playability, and comfort for body contact points
- **10 or 15mm Field United VCR Monster ShockPad**
Upcycled VCR provides exceptional force reduction, mitigating the force of impacts on the athlete's body

Nominal Dimensions

Available as a standard in rolls plus a field united ShockPad. Talk to your local sales rep to determine availability, pricing, minimums, and lead times.



FLEXTURF
15mm x 15' (4.57m) x custom length

+ (FIELD UNITED)



MONSTER SHOCKPAD
10mm: (.39") x 48" (1.22m) x 25 LF (7.62m)
15mm: (.59") x 48" (1.22m) x 25 LF (7.62m)

=



FLEXTURF MONSTER SYSTEM
25 or 30mm thick

Applications

- Functional Training
- Fields
- Indoor or Outdoor

Studded cleats cannot be worn on FlexTurf Monster

Benefits

- Extreme shock absorption
- Custom lines & logos available
- No infill needed
- Comfortable for body contact points
- Indoor or outdoor



NRG

10mm 15mm

Force Reduction: 53.0 | 55.0%
Absorption of impact energy

Energy Restitution: 32.7 | 35.3%
Useful return of impact energy

Typical Deltec Field Tester Results

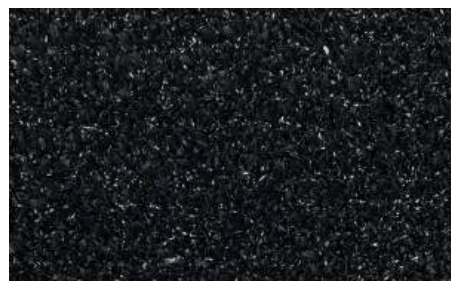
Color Swatches



Green



Royal Blue



Black



Gray



Red



Yellow



White

Technical Details

Performance Criteria	Test Standard	Typical Results 10mm ShockPad	Typical Results 15mm ShockPad
Force Reduction	Deltec Field Tester	53.0%	55.0%
Energy Restitution	Deltec Field Tester	32.2%	35.3%
Vertical Deformation	Deltec Field Tester	8.1mm	7.9mm
G-Max	Clegg	70	59
Tufted Pile Height		.59"	.59"
Pill Test/Flammability	ASTM D2859	Pass	Pass
Coefficient of Friction	ASTM D2047	> 0.8	>0.8

*Tested on a 6" concrete slab with no ceiling.

Performance Motivate

ECORE Athletic · Fitness Surfacing



OVERVIEW

Tailored for light strength and conditioning, this 7.5mm surface combines a 2.5mm VCR surface layer with a 5mm VCR base layer. The result: a balanced distribution of force reduction and energy restitution, designed for the shift in fitness from equipment to more functional training.

PRODUCT LINK

<https://ecoreathletic.com/products/rubber/performance/performance-motivate>

Specification	Detail
Dimensions (L x W x H)	7.5mm (2.5mm + 5mm) x 48" (1.22m)
Product Weight	—
Weight Capacity	—
Frame / Material	2.5mm Vulcanized Composition Rubber (VCR) Surface Layer, 5mm Factory-Fusion Bonded VCR Motivate Base Layer
Finish / Color Options	Medium Gray, Charcoal, Dark Taupe, Warm Gray, Navy, Green, Maroon, Red, Steel Appeal 2, Dark Gray, Mocha Latte 2, Blue, Blue Jays, Cardinals, Raiders, Buff Blue 20, Rippin Red 20, Grippin Gray 20, Whey Protein 2, Rustic Edge, Raw Titanium, Forged Steel, Urban Slate, Jet Black
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Force Reduction	12.6%
Energy Restitution	66.8%
Recovery after Static Load	0.004" (ASTM F970)
Coefficient of Friction	>0.8 (ASTM D2047)
FloorScore	Certified (CA 01350)
Abrasion Resistance	Pass (ASTM D3389)
Flammability- Pill Test	Pass (ASTM D2859)
Impact Insulation Class (IIC)	54 (ASTM E492)
Delta IIC	24 (ASTM E2179)
Total Product Thickness	7.5mm
Surface Layer	2.5mm Vulcanized Composition Rubber
Base Layer	5mm Vulcanized Composition Rubber

KEY FEATURES

- Provides excellent durability and slip resistance
- Upcycled VCR provides ergonomic support to the athlete
- Durable
- Sustainable
- Easy to maintain
- Slip-resistant
- Made with reclaimed rubber materials
- Inlaid Logos/Designs Available
- Returns Energy to User
- Reduces Impact Noise
- Fully Recyclable at End of Life
- Slip resistance
- Ergonomic support
- Balanced shock absorption

Curve

Woodway · Manual Treadmills



WARRANTY

5-year frame and belt, 3-year all components, 1-year labor

OVERVIEW

The essential non-motorized curved treadmill. Designed to be a responsive platform where coaches can easily train acceleration and explosiveness, top-end speed, technique and running form – but versatile enough for HIIT training, small-group workouts, and general use cardio.

PRODUCT LINK

<https://www.woodway.com/treadmills/curve/>

Specification	Detail
Dimensions (L x W x H)	70" (178 cm) x 33" (84 cm) x 72" (183 cm)
Product Weight	355 lbs. (161 kg)
Weight Capacity	—
Frame / Material	—
Finish / Color Options	—
Included Attachments	—
Power / Electrical	Not Required for Standard Display
Installation Requirements	—
Speed	Manual - Innovative Curved Design

KEY FEATURES

- Performance Oriented: quick acceleration rate, no max speed, no limit to stride length, and sport specific work-to-rest interval training.
- No Limitations: can be moved around the facility, no electricity required.
- Low-Cost Operation: low cost of ownership, zero energy consumption, slat-belt design lasts up to 150,000 miles.
- Acceleration and speed know no bounds
- Responsive platform for training acceleration and explosiveness
- Versatile for HIIT training, small-group workouts, and general use cardio
- Quick acceleration rate
- No max speed
- No limit to stride length
- Sport specific work-to-rest interval training
- Can be moved around the facility
- No electricity required
- Low cost of ownership
- Zero energy consumption
- Slat-belt design lasts up to 150,000 miles



HYROX Official Competition Power Sled

Centr · Weights & Bars



WARRANTY

Limited Lifetime - Consumer Use, Limited Lifetime - Studio & Light Commercial Use, Limited Lifetime - Hyrox Competition Use

OVERVIEW

The Centr x HYROX Power Sled is perfect for HYROX sled pushes, turf training, and functional fitness circuits. Built for efficient training—every detail meticulously designed to help you maximize your effort and achieve your personal best. Crafted from sturdy, commercial-grade steel, the sled features five poles with textured grips and markings for proper hand placement, mirroring competition standards. Its sleek, aerodynamic build is tailored to the turf of HYROX fitness races, ensuring every push and pull propels you towards victory. It's also easy to see the weight you're working with, thanks to a central pole that holds over 150KG / 330 LBs of bumper plates.

PRODUCT LINK

<https://shop.centrx.com/products/centrx-hyrox-competition-power-sled>

Specification	Detail
Dimensions (L x W x H)	L-102 cm / 40.2 in W-60 cm / 23.6 in H-99.7 cm / 39.3 in
Product Weight	50 kg (110.2 lb)
Weight Capacity	Over 150KG / 330 LBs of bumper plates
Frame / Material	Powder Coated Steel (Frame & Handles), Chrome Plated (Weight Plate Horn)
Finish / Color Options	Black and Chrome
Included Attachments	—
Power / Electrical	—
Installation Requirements	—

KEY FEATURES

- Designed with a handle knurling and hand-placement markings for a consistent grip
- Engineered to perform optimally on HYROX turf for a frictionless effort
- Stack in bumper plates and add or remove corner poles to challenge your sled push and pull circuits

Color LB Sport Bumper Plates

American Barbell · Model BPS3-_____-PR · Bumper Plates



OVERVIEW

Elevate your workout sessions with American Barbell's Sport Color Bumper Plates, meticulously engineered for the committed athlete. These plates, with a standard diameter of 450mm, are designed for seamless loading, thanks to their high-quality stainless steel insert that facilitates smooth placement on the bar. Their durable rubber coating renders them suitable for a wide array of training programs, including Olympic weightlifting. These weight plates are uniquely designed to minimize bounce and ensure exceptional durability, distinguishing them in their class for their unparalleled quality and value. Whether you're an experienced lifter or a newcomer to the sport, these bumper plates are designed to boost your training effectiveness without overextending your budget. They are an indispensable resource for any serious training regimen, guaranteeing to enhance both the quality and efficiency of your workouts.

PRODUCT LINK

<https://americanbarbell.com/products/american-barbell-black-economy-bumper-plates>

Specification	Detail
Dimensions (L x W x H)	—
Product Weight	55LB, 35LB, 45LB, 25LB
Weight Capacity	—
Frame / Material	Durable rubber coating, high-quality stainless steel insert
Finish / Color Options	Color (10LB and 15LB plates are available in black only)
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Diameter	Standard: 450MM (IWF Standard)
25LB Plate Thickness	1 7/8" (47MM)
35LB Plate Thickness	2 1/4" (57MM)
45LB Plate Thickness	2 7/8" (73MM)
55LB Plate Thickness	3 1/4" (83MM)

KEY FEATURES

- Meticulously engineered for the committed athlete
- Standard diameter of 450mm
- Designed for seamless loading
- High-quality stainless steel insert for smooth placement on the bar
- Durable rubber coating suitable for a wide array of training programs
- Suitable for Olympic weightlifting
- Minimizes bounce
- Ensures exceptional durability
- High-quality stainless steel insert for smooth loading
- Suitable for a wide array of training programs, including Olympic weightlifting
- Minimize bounce
- Exceptional durability

Medicine Ball

American Barbell · Model MB-__ · Conditioning Equipment



OVERVIEW

Boost your fitness regimen with American Barbell's Color-Coded Medicine Balls, expertly crafted for both versatility and durability. Each ball features a unique texture, enhancing grip and providing a superior tactile experience during workouts. These medicine balls showcase an appealing dual-color design, with a standard black dimpled pattern complemented by a distinct textured color that indicates the ball's weight. With weights ranging from 2lb to 20lb, they accommodate a variety of fitness levels and workout styles. Perfect for core strengthening exercises, increasing explosive power, and enhancing overall functional fitness, these medicine balls are a classic yet versatile addition to any fitness program. They are widely utilized in plyometric training, group fitness classes, sports performance training, rehabilitation, and are excellent for introducing youth to resistance training. Rigorously tested across different surfaces, American Barbell's Medicine Balls are constructed to endure even the most challenging workouts, assuring lasting durability and consistent performance.

PRODUCT LINK

<https://americanbarbell.com/collections/medicine-and-slam-balls/products/medicine-ball>

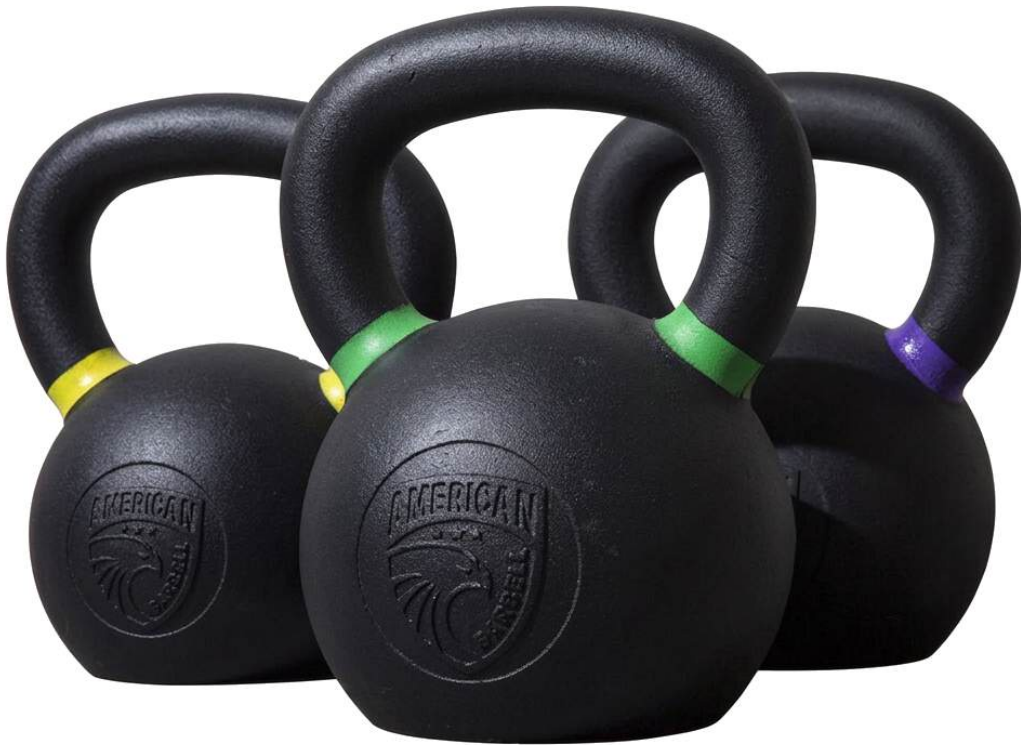
Specification	Detail
Dimensions (L x W x H)	—
Product Weight	10lb
Weight Capacity	—
Frame / Material	Rubberized exterior shell
Finish / Color Options	—
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Weight Range	2-20lb

KEY FEATURES

- Color-Coded for easy identification
- Unique texture enhances grip
- Dual-color design
- Evenly weighted
- Textured grip
- Durable construction

American Barbell Classic Kettlebell

American Barbell · Model KB-__KG · Kettlebells



OVERVIEW

The American Barbell Premium Kettlebell is constructed with the highest quality materials, ensuring unparalleled durability and optimal performance. Each kettlebell is thoughtfully designed to display both kilogram and pound measurements and features color coding for quick and easy weight identification. This kettlebell boasts a unique textured finish, providing an exceptional grip that enhances your training experience. Its broad, flat base provides unwavering stability, supporting a diverse range of exercises without any risk of instability. Crafted from robust cast iron, this kettlebell is designed for longevity, making it an excellent choice for both home gyms and professional training environments.

PRODUCT LINK

<https://americanbarbell.com/products/american-barbell-cast-kettlebell>

Specification	Detail
Dimensions (L x W x H)	—
Product Weight	—
Weight Capacity	—
Frame / Material	Solid cast iron
Finish / Color Options	Textured for enhanced grip, color coding for easy weight identification
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Weight Range	4KG to 44KG
Base	Large and flat for stability

KEY FEATURES

- Constructed with the highest quality materials
- Displays both kilogram and pound measurements
- Color coding for quick and easy weight identification
- Unique textured finish for an exceptional grip
- Broad, flat base for unwavering stability
- Crafted from robust cast iron for longevity

Hex Dumbbells

American Barbell · Model DBHX2 · Dumbbells



OVERVIEW

Boost your workout regimen with the American Barbell Hex Rubber Dumbbell, meticulously crafted for exceptional performance and control. Featuring high-quality construction, this dumbbell is designed to minimize noise, making it suitable for any exercise setting. Its ergonomic design enhances grip, facilitating powerful and dynamic workout movements. This versatile dumbbell is perfect for a broad spectrum of exercises, including single-arm routines and explosive movements. It aids in effortlessly maximizing strength and agility, making it an indispensable tool for fitness enthusiasts aiming to elevate your workout.

PRODUCT LINK

<https://americanbarbell.com/products/hex-rubber-dumbbells>

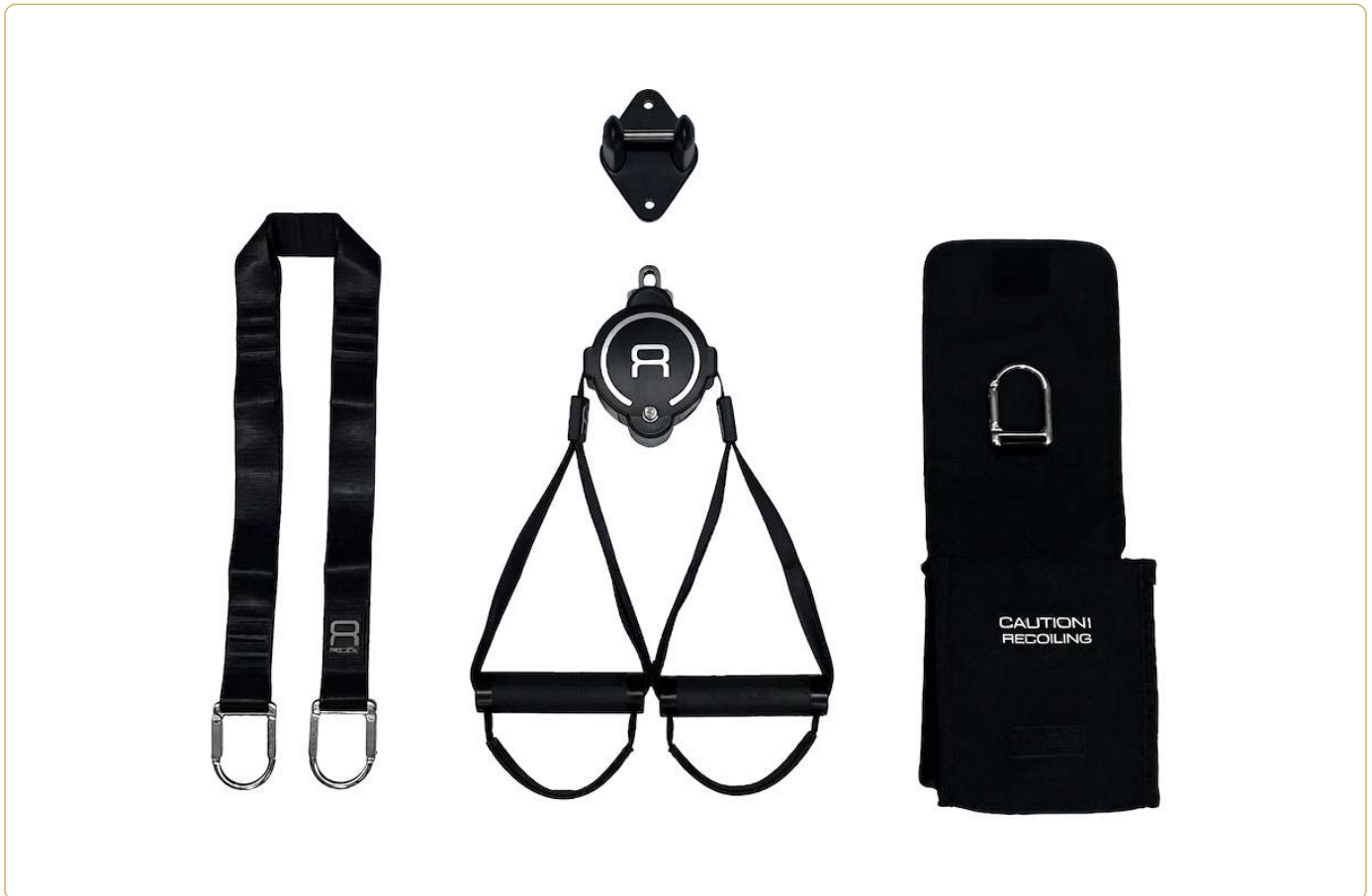
Specification	Detail
Dimensions (L x W x H)	—
Product Weight	Available in weights from 3LBS to 100LBS
Weight Capacity	—
Frame / Material	Premium low odor rubber
Finish / Color Options	—
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Handlebar	Chrome handlebar
Hand Grip Diameter	3lb: 28mm; 5-45lb: 31mm; 50-100lb: 33mm

KEY FEATURES

- Chrome handlebar for comfortable control
- Premium low odor rubber material
- Minimized noise from accidental drops
- Ergonomic design for enhanced training experience
- Chromed handle ensures a solid grip during intense training sessions

RECOIL S2 PRO Suspension Trainer

RECOIL TRAINING · Suspension Trainer



OVERVIEW

The RECOIL S2 PRO comes complete with LASHING STRAP, the BAG/DOOR MOUNT and the RECOIL MOUNT giving you every mounting option you will ever need. Ideal for fitness professionals and enthusiasts who train anywhere from the gym, park, home or hotel.

PRODUCT LINK

<https://recoil-training.com/products/recoil-s2-pro>

Specification	Detail
Dimensions (L x W x H)	13x11x8.5cm/5x4.5x3.5inch
Product Weight	1.5kg/3.3lbs
Weight Capacity	150kg/330lbs
Frame / Material	—
Finish / Color Options	—
Included Attachments	Lashing Strap, Bag/Door Mount, Recoil Mount
Power / Electrical	—
Installation Requirements	—
Grips	Durable rubber, non-slip, textured
Shipping Size (L x W x H)	36x19x19cm/14.5x7.5x7.5inch
Shipping Weight	3.2kg/7lbs

KEY FEATURES

- Head to Toe Adjustment: largest primary adjustment range on the market
- Push Button Adjustment: quickest and easiest strap length adjustment
- Easy Adjust Foot Straps: quickly adjusted to exact size, comfortable for barefoot use
- User-Friendly Design: compact, portable and efficient
- Tidy and Tangle Free: entire strap length stored inside device, no annoying loose ends
- Largest primary adjustment range on the market
- Straps adjust simultaneously to any length with the push of a button
- Foot straps quickly adjust to exact size while feet are in place
- Foot straps comfortable for barefoot exercise
- Durable, hygienic, non-slip, textured rubber grips
- Compact, portable, and efficient patented design
- Entire strap length stored inside device, no loose ends

Adjustable Back Extension Version 2

American Strength · Model BNCH-BCKEXT-V2 · Strength Equipment



OVERVIEW

The American Strength Adjustable Back Extension Version 2 is built to strengthen the posterior chain the right way, controlled, loaded, and repeatable. Designed for hip-hinge mechanics and targeted low-back, glute, and hamstring development, it features an adjustable setup to lock athletes into the correct position and hit full-range reps without compensation. The stable base keeps the unit planted during high-volume training, while integrated foot support and durable padding deliver consistent bracing rep after rep. Whether you're building spinal resilience, reinforcing hinge patterns, or finishing a strength session with accessory work, this piece is pure output for the backside.

PRODUCT LINK

<https://americanstrength.com/product/adjustable-back-extension/>

Specification	Detail
Dimensions (L x W x H)	48.50" x 34" x 33" / 1230 CM x 870 CM x 840 CM
Product Weight	110 LB/50 KG
Weight Capacity	—
Frame / Material	—
Finish / Color Options	—
Included Attachments	—
Power / Electrical	—
Installation Requirements	—

KEY FEATURES

- Adjustable positioning to dial in proper hip-hinge mechanics and athlete fit.
- Targets posterior chain: lower back, glutes, and hamstrings with controlled loading.
- Stable, heavy-duty frame built for aggressive training and daily commercial use.
- Secure foot platform + ankle rollers for strong bracing and consistent execution.
- High-density padding for support without instability during high-rep volume.
- Ideal for strength, rehab-style control, and accessory programming to build durability and power.
- Commercial-grade durability engineered for high-traffic training floors.

Hybrid Plyo Box

Eleiko · Training Tools



OVERVIEW

The Eleiko Hybrid Plyo Box offers versatile, dynamic plyometric training with three height options. Made in Sweden from recycled EPP foam, it cushions landings, minimizes shin abrasions, and provides stability. It is durable, ideal for functional movements like step-ups and box jumps, and suitable for strength training areas or home gyms.

PRODUCT LINK

<https://eleiko.com/en-us/equipment/functional-and-studio/3085773-eleiko-hybrid-plyo-box?q=hybrid%20box>

Specification	Detail
Dimensions (L x W x H)	20, 24, and 30 inches (51, 63 and 76 cm) height options
Product Weight	14 kg
Weight Capacity	150 kilos
Frame / Material	Recycled EPP foam
Finish / Color Options	—
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Made In	Sweden

KEY FEATURES

- EPP foam saves shins
- 3 in 1 height plyo box
- Cushions landings and minimises the risk of shin abrasions and pain from accidental slips
- Stable and sure underfoot
- High-density material composition with a durable surface
- Easily manoeuvrable
- EPP foam does not absorb moisture and can withstand various temperatures
- Non-toxic material
- Fully recyclable

Citadel Dumbbell Storage Rack

Irwin Fitness · Storage



ADDITIONAL VIEWS



OVERVIEW

The Citadel dumbbell saddle rack is designed with space optimization as a core principle, featuring a compact footprint and engineered to maximize vertical space. It offers customization options including additional shelves, stainless number plates, and custom colors.

PRODUCT LINK

https://irwinfitness.ca/products/product_9b6025f5-91c6-137d-7584-ad5ec2fedd15?variant=51612683600183

Specification	Detail
Dimensions (L x W x H)	Length: 99.75"; 2-Tier: 99.75" x 24" x 31.875"; 3-Tier: 99.75" x 26" x 39.875"; 4-Tier: 99.75" x 30" x 53.875"
Product Weight	—
Weight Capacity	Max weight per shelf: 1500lbs
Frame / Material	—
Finish / Color Options	Custom color selection available (various RAL colors, Chrome + Transparent Green/Purple/Candy Teal, Galaxy Purple, Gloss Clear, High Gloss Black, Matte Clear, Transparent Copper, etc.)
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Shelf Width	90.75"
Dumbbell Saddle Width	60mm
Dumbbell Capacity	5 pairs per shelf; 10, 15, or 20 pair configurations
Dumbbell Compatibility	Accepts dumbbell handle lengths 5.75" and up
Hole Size	1" holes
Customization	Additional shelf, stainless number plates, custom colors, custom branding on side braces

KEY FEATURES

- Designed and Made in Canada
- Space optimization with a compact footprint
- Extra-wide 60mm dumbbell saddles for effortless re-racking
- Each rack shelf stores 5 pairs of dumbbells
- Available in 2-tier, 3-tier, and 4-tier versions
- 4-tier rack comfortably stores 5-100lb dumbbells in 5lb increments
- Customizable configurations and colors
- Optional stainless number plates
- Space for custom branding on side braces

PRO SERIES HALF SPOTTERS

Irwin Fitness · Rack Attachments



ADDITIONAL VIEWS



OVERVIEW

A refreshed spotter arm design, departing from the common side clasp mechanism that necessitates a push-and-twist motion. This innovation eliminates the limitations on positions and storage capabilities often associated with traditional spotter arms. The new design allows for convenient vertical storage inside the bottom of your rack, offering enhanced accessibility to attach your spotter arms lower on the rack.

PRODUCT LINK

https://irwinfitness.ca/products/product_c5c5d03e-69ee-6c96-e5f3-26cf6fd3c4ac

Specification	Detail
Dimensions (L x W x H)	—
Product Weight	—
Weight Capacity	900+lbs per arm
Frame / Material	0.375 and 7 gauge Canadian milled steel
Finish / Color Options	RAL 6018 - Yellow Green, RAL 1023 - Traffic Yellow, RAL 9003 - Signal White, RAL 2009 - Traffic Orange, Chrome + Transparent Green, Chrome + Transparent Purple, Chrome + Candy Teal, Galaxy Purple, Gloss Clear, RAL 1019 - Grey Beige, Iron Man Red, High Gloss Black, Ocean Blue, RAL 9010 - Pure White, RAL 3003 - Ruby Red, Sahara Gold, RAL 1037 - Sun Yellow, OD Green - Matte, RAL 3020 - Traffic Red, Matte Clear, Ski-Doo Yellow - Matte, Transparent Copper, RAL 5011 - Steel Blue
Included Attachments	(2) black 1" hitch pins with lanyard and clevis pin
Power / Electrical	—
Installation Requirements	—
Country of Manufacture	Canada
Total Length	28"
Length from Upright	24"
Total Height	12"
Hole Compatibility	Standard 1" hole racks
UHMW Thickness	1/4"
Quantity	Sold in pairs

KEY FEATURES

- **Quick Adjustments:** Laser-cut and numbered 1" holes along the side of the spotters facilitate swift adjustments of utility horns, transforming your spotter arms into fully functional dip bars.
- **UHMW Protection:** The spotter arms are equipped with UHMW protection on the lip, preventing the barbell from rolling off. This UHMW feature also serves as a bump stop for your jammer arms, safeguarding the knurling on your barbell during rack pulls.
- **Personalize Your Setup:** Elevate your gym's identity by adding a logo or customizing the color of the bottom gusset. Make a bold statement with your clientele and showcase your brand's unique flair.

IRWIN FITNESS ADJUSTABLE INCLINE BENCH AB-1.0

Irwin Fitness · Model AB-1.0 · Benches



ADDITIONAL VIEWS



OVERVIEW

The AB-1.0 is a culmination of meticulous design and a genuine commitment to delivering a superior product. We took inspiration from our customers' valuable insights and incorporated their ideas, resulting in a flagship product that stands out in the market.

PRODUCT LINK

<https://irwinfitness.ca/products/irwin-fitness-ab-1-0>

Specification	Detail
Dimensions (L x W x H)	59" total length x 24" width at the rear x 16.75" total height
Product Weight	122lbs
Weight Capacity	Tested at over 1000lbs
Frame / Material	2x3" 11-gauge steel frame and 1/4" formed steel frame
Finish / Color Options	Multiple colorways available, custom color selection, fluorescent and metallic colors may incur additional charge.
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Pad Dimensions	12" x 39" back pad, 12-9" tapered front pad (standard); 14" ultra-wide pad with 14-11" taper (optional)
Pad Thickness	1.5" thick
Pad Material	Double stitched durable, grippy and moisture resistant vinyl cover, 1 1/4" ultra-high-density foam, 1/4" soft foam layer
Pad Gap	1.25"
Seat Adjustability	4 front adjustment positions (0-30 degrees), 8 rear adjustment positions (0, 15, 30, 37.5, 45, 66, 70, 85 degrees)
Wheels	Oversized 3" hard rubber wheels
Feet	1" load-bearing rubber feet on each corner
Handle Styles	Smooth acetal, stainless knurled, aggressive knurl with black cerakote

KEY FEATURES

- Made in Canada
- Minimal pad gap for unrestricted range of motion
- Easy maneuverability with oversized wheels and front handle
- 1.5" thick pad with double-stitched vinyl, ultra-high-density and soft foam layers
- Acetal rollers on adjustment arms reduce noise and extend powder coat life
- Bench lock for safe vertical storage
- Customization options for color
- Vertical storage capability
- Most stable ladder-style bench available with special hardware at main pivot points
- Discreetly positioned handle at the front for easy maneuvering
- Acetal rollers on adjustment arms extend powder coat life and reduce noise
- Bench lock for vertical storage safety
- Custom color matching available

Hi/Low Cable Tower

Irwin Fitness · Strength Equipment



ADDITIONAL VIEWS



WARRANTY

Warranty & returns (see link in footer)

OVERVIEW

The Irwin Fitness Hi/Low Cable Tower is a versatile, strong, and stylish addition to any facility. Built with precision and proudly manufactured in Canada, our cable tower delivers the smoothest performance in its class, making it the centerpiece of any gym.

PRODUCT LINK

<https://irwinfitness.ca/products/irwin-fitness-hi-low-cable-tower>

Specification	Detail
Dimensions (L x W x H)	—
Product Weight	—
Weight Capacity	—
Frame / Material	Heavy-duty Canadian steel construction
Finish / Color Options	Powder-coated finish; custom colors available for accents (pulley housing, seat supports), black upholstery standard (custom colors available)
Included Attachments	—
Power / Electrical	—
Installation Requirements	—
Weight Stack	300 lbs in 10 lb increments (10–300 lbs)
Height	96" (custom heights available at additional charge)
Pulleys	4.5" machined aluminum pulleys
Cables	Imported from South Korea for superior durability and feel
Hardware	Black hardware standard
Assembly	Ships fully assembled unless otherwise requested
Legs	Rear stabilizer legs pivot to 45° for corner placement or lock straight out
Feet	Adjustable side feet for leveling on uneven surfaces

KEY FEATURES

- 300 lb Weight Stack (10 lb Increments)
- Ultra-Smooth Cable System with South Korean cables and 4.5" machined aluminum pulleys
- Custom-Built to Fit Your Space (custom heights and color accents available)
- Corner-Saving Design (rear stabilizer legs pivot to 45°)
- Modular Integration (connects to Irwin Fitness racks and shelving)
- Premium Powder-Coated Finish
- Ships fully assembled
- Ultra-Smooth Cable System
- Custom-Built to Fit Your Space
- Corner-Saving Design
- Modular Integration
- Premium Finish
- Ready Out of the Crate

PRO SERIES 23" DEPTH FLAT FOOT HALF RACK P24-FF

Irwin Fitness · Model P24-FF · Rigs and racks



ADDITIONAL VIEWS



OVERVIEW

The Irwin Fitness Pro Series Half Rack, setting new standards for strength training excellence. Designed 1" 4-way hole configuration, a hallmark of elite strength facilities and an emerging favorite among home gym enthusiasts. This innovative design ensures effortless expansion and adaptability over time, aligning seamlessly with the evolution of your strength training regimen.

PRODUCT LINK

https://irwinfitness.ca/products/product_4cf2d57e-b185-feed-7ed3-40c1ae4098ed

Specification	Detail
Dimensions (L x W x H)	Length: 60" front to back x Width: 47" outside to outside of uprights x Height options: 87", 91", 93", 103"
Product Weight	410lbs
Weight Capacity	—
Frame / Material	3x3" 11 gauge Canadian milled steel
Finish / Color Options	Gold Zinc, Silver Zinc, ASTM 325 Black Heavy Hex (hardware). Rack colors include: RAL 6018 - Yellow Green, RAL 1023 - Traffic Yellow, RAL 9003 - Signal White, RAL 2009 - Traffic Orange, Chrome + Transparent Green, Chrome + Transparent Purple, Chrome + Candy Teal, Galaxy Purple Gloss Clear, RAL 1019 - Grey Beige, Iron Man Red, High Gloss Black, Ocean Blue, RAL 9010 - Pure White, RAL 3003 - Ruby Red, Sahara Gold, RAL 1037 - Sun Yellow, OD Green - Matte, RAL 3020 - Traffic Red, Matte Clear, Ski-Doo Yellow - Matte, Transparent Copper, RAL 5011 - Steel Blue
Included Attachments	(1) 41" single pullup bar, (1) 41" numbered rear logo banner, (1) pair premium Razorback Sandwich J-cups, (8) .250 gusset plates
Power / Electrical	—
Installation Requirements	—
Hole Configuration	1" holes 2" on center on all four sides
Inside Depth	23" between uprights
Hardware	1" custom color selection
Customization	Hundreds of color and configuration choices, custom rear logo banner, optional 8" or 12" weight storage pins
Manufacturing Location	Manufactured in Canada

KEY FEATURES

- 1" 4-way hole configuration
- Available in four height configurations: 87", 91", 93", 103"
- Compact 23" depth for enhanced versatility
- Narrowed width of 47" (41" interior depth) to prevent barbell collar collision
- Laser-cut numbers on each hole
- Flush-mounted and numbered top beams for convenient band peg use
- Custom rear logo banner option
- 1" 4-way hole configuration for effortless expansion and adaptability
- Available in four height configurations: 87", 91", 93", and 103"
- Narrowed 47" total width (41" interior depth) to prevent barbell collar collisions
- Uprights feature 1" holes spaced 2" apart on all four sides with laser-cut numbers
- Optional weight storage pins (12" or 8" pegs) with 3/4" rubber grommets available
- Recommended for floor bolting or use of weight storage pins at the rear for safety with spotter arms